

# Christmas - NewYear 2018/19

HOLIDAY TIMETABLE Week 2



## 24th December -30th December

	24/12/2018		25/12/2018		26/12/2018		27/12/2018		28/12/2018		29/12/2018		
	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		
6:00	LES MILLS RPM	6:00	Closed Christmas Day	6:00	Closed Boxing Day	6:00	OPEN No Classes No Creche	6:00		8:30	SPIN CYCLE 50 MINS		
		6:00		6:15		6:00		6:00	6:00	6:00		9:00	
8:30		9:15		9:30		9:15		9:30	9:30	LES MILLS BODY PUMP			
9:30	LES MILLS BODYATTACK 30'	10:00		10:00		10:00		10:00	10:30			3:30	
10:00	LES MILLS BODY PUMP	11:00		11:00		11:00		11:00	11:00				
		11:45		11:30		11:45		11:45					
12:30						12:30		12:30	12:00				30/12/2018
5:00		4:30		5:00		4:30		4:30	5:00	PRIMAL MOVEMENT ZOO			SUNDAY
5:00		5:00		5:30		5:30		5:30	5:30	LES MILLS BODYCOMBAT 30'			
5:30		5:30		6:00		5:30		5:30	5:45				
6:00		5:30		6:00	6:00	6:00			10:00	LES MILLS BODYBALANCE			
6:30		6:00	6:30	6:30	6:30								
7:30		6:30		7:30	7:30								